



The Truth about Vaping



VAPING

CIRCLE all the statements that are TRUE

Vapes and e-cigarettes contain nicotine.

Vaping is bad for your health.

Once you start vaping, it can be hard to stop.

Vaping is totally harmless.

Vaping and e-cigarettes are just as bad for you as regular cigarettes.

Nicotine is NOT bad for you.

Vocabulary	
<u>DRAW A LINE</u> from each word to the correct definition.	
E-Cigarette	A brand name of e-cigarette.
JUUL	Inhaling a liquid mixture containing nicotine or other harmful ingredients.
Vaping	Electronic device used for vaping.

YES / NO QUESTIONS		
Answer the questions by putting an "x" in the box.	YES	NO
1. I have tried vaping.	<input type="checkbox"/>	<input type="checkbox"/>
2. I have friends that have tried vaping.	<input type="checkbox"/>	<input type="checkbox"/>
3. I have seen adults vape in front of children.	<input type="checkbox"/>	<input type="checkbox"/>



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Put an "X" in the box that describes how you feel about the statement.

After participating in the Truth about Vaping lesson.....				
I am more aware of the dangers of vaping.				
I probably WILL try vaping/JUUL.				
I definitely will NOT try vaping/JUUL.				

List at least one new thing you learned today about vaping and e-cigarettes.

With whom will you share the information you learned today?

Information About Me

Gender (Circle One): Male Female

Grade: _____

County: _____

Are you part of a Military Family? (Circle One): Yes No

Number of Years in 4-H: _____

Race & Ethnicity (Circle all that apply): White African-American or Black Asian American Indian Pacific Islander Hispanic ethnicity