



The Truth about Vaping



VAPING

CIRCLE all the statements that are TRUE

Vapes and e-cigarettes contain nicotine.

Vaping is bad for your health.

Once you start vaping, it can be hard to stop.

Vaping is totally harmless.

Vaping and e-cigarettes are just as bad for you as regular cigarettes.

Nicotine is NOT bad for you.

Each circled item is a different question.
You will record answers for each item depending on if it was selected/circled.

1 = If circled , 0 = Not circled

Correct Answer = 1
Incorrect Answer = 0
Did not answer = XX

Vocabulary

DRAW A LINE from each word to the correct definition.

E-Cigarette	A brand name of e-cigarette.
JUUL	Inhaling a liquid mixture containing nicotine or other harmful ingredients.
Vaping	Electronic device used for vaping.

YES / NO	YES	NO
Answer the questions by putting an "x" in the box.		
1. I have tried vaping.	<input checked="" type="checkbox"/>	
2. I have friends that have tried vaping.	<input checked="" type="checkbox"/>	
3. I have seen adults vape in front of children.	<input checked="" type="checkbox"/>	



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Put an "X" in the box that describes how you feel about the statement.

After participating in the Truth about Vaping lesson.....				
I am more aware of the dangers of vaping.	0	0	1	2
I probably WILL try vaping/JUUL.	0	0	1	2
I definitely will NOT try vaping/JUUL.	0	0	1	2

List at least one new thing you learned today about vaping and e-cigarettes.

0 = Strongly Disagree (2 thumbs down) or Disagree (1 thumb down)
 1 = Agree (1 thumb up)
 2=Strongly Agree (2 thumbs up)

With whom will you share the information you learned today?

Information About Me

Gender (Circle One): Male Female

Grade: _____

County: _____

Are you part of a Military Family? (Circle One): Yes No

Number of Years in 4-H: _____

Race & Ethnicity (Circle all that apply): White African-American or Black Asian American Indian Pacific Islander Hispanic ethnicity