Part 1. Short-Answer Questions

1. What does it mean to “survive” in the wilderness?

2. What is a survival situation? Give 3 examples.

3. What is “lost-proofing”? What are some things that you can do to lost-proof yourself?

4. Name 5 things you can bring in a backpack on a hike and what they might be used for.

5. You’re hiking through the woods and lose sight of the trail. The sun is quickly setting and you forgot to pack a flashlight and a tent. What can you do to give yourself shelter? How? You may use a well-labelled drawing to convey your answer.
Part 2. Matching

Match the survival need with how long you can go without it, according to the Rule of Threes.

_____ 1. Shelter
   a. 3 weeks

_____ 2. Food
   b. 3 days

_____ 3. Positive Mental Attitude (PMA)
   c. 3 hours

_____ 4. Water
   d. 3 minutes

_____ 5. Oxygen
   e. 3 seconds
Part 1. Short-Answer Questions

1. What does it mean to “survive” in the wilderness?
   *To survive means to live on and to live as comfortably as possible in a survival situation until you can get out of it.*

2. What is a survival situation? Give 3 examples.
   *A survival situation is a scenario in which you are in danger in the wilderness. This can be a situation in which you become sick or injured, you get lost, or the weather changes suddenly.*

3. What is “lost-proofing”? What are some things that you can do to lost-proof yourself?
   *Actions that you can take to prevent a survival situation.*
   - Tell someone where you are going and when you think that you will return.
   - Travel with a friend. Never alone.
   - Wear proper clothing/footwear for the terrain and weather.
   - Know the area thoroughly or bring a map and compass.
   - Plan to return well before dark. Surroundings look totally different in the dark and darkness makes judgment of distance difficult.
   - Bring a survival kit.

4. Name 5 things you can bring in a backpack on a hike and what they might be used for.
   *(These are all items mentioned in the video, any answer containing 5 of these items is acceptable.)*
   - Walking stick - Aids in walking up and down hills
   - Water - For hydration, also a basic need for survival
   - Snacks - Food source, basic need for survival
5. You’re hiking through the woods and lose sight of the trail. The sun is quickly setting and you forgot to pack a flashlight and a tent. What can you do to give yourself shelter? How?
Here, describe/illustrate the process of building a survival structure, including its materials (sticks, leaves, p-chord if handy), building styles (lean-to or debris shelter), and where it should be built (not on an incline, opening faces away from wind, etc.).

Part 2. Matching

1. C
2. A
3. E
4. B
5. D