



Safety

Georgia 4-H Project Achievement empowers young people with skills for a lifetime. Through a competitive process, students explore their interests, unleash their creativity, share their work, and celebrate their achievements! This guide provides 9th—12th graders with examples for getting started with their project exploration.

Description of Project:

4-H'ers may explore ways to protect against physical, social, emotional, and occupational harm and other consequences of unsafe actions or behaviors. Through this project 4-H'ers may:

- acquire knowledge to recognize safety hazards and how to address them
- determine behaviors to prevent and/or reduce accidents and injuries on the farm, in the home, on the highway, in the community, and/or during recreation
- develop an understanding of practices and methods to protect against harm or undesirable consequences
- promote the knowledge of safe practices and procedures to protect against personal injury and property damage
- explore careers relative to safe practices in the home, work, and/or play

Overview:

- ⇒ Choose project
- ⇒ Develop skills in:
 - Project
 - Leadership
 - Service
- ⇒ Prepare portfolio for work completed from January 1—December 31
- ⇒ Prepare presentation
- ⇒ Practice
- ⇒ Compete
- ⇒ Reflect

Examples of Project Development Experiences:

- Interview professionals from your local emergency medical service, fire department, rescue squads, safety engineers, etc.
- Take a safety course such as CPR, water safety, first aid, safe driving, or cyberbully prevention
- Research safety organizations and their missions. Write a report on your findings
- Apply for the Red Cross National Youth Council or participate in Club Red Networking
- Research safety issues in your community and around the world and brainstorm solutions
- Visit local industries to learn about workplace safety protocols

Project Sharing and Helping Examples:

- Volunteer to assist with safety awareness campaigns and safety week celebrations
- Teach emergency preparedness or safety classes to children in day care or elementary school
- Promote safety through various media outlets (i.e., radio, television, online, newspaper, community newsletters, etc.)
- Share your research through a mini-booth at the fair or by displaying an exhibit in a public place in your community (such as the library or an elementary school)
- Mentor a younger 4-H'er in the safety project
- Create a safety club and mentor others on best practices of safety
- Lead your neighbors in creating a disaster preparedness plan
- Build emergency preparedness kits for community members
- Work with your local law enforcement agency to promote seatbelt and child restraint laws
- Plan a Leadership in Action project related to safety in your community
- Organize a neighborhood watch to promote safe communities

Recommended Resources:

- Georgia4h.org/ProjectAchievement
- fcs.uga.edu
- spock.fcs.uga.edu/ext/pubs/hace/HACE-E-86.pdf
- cdc.gov
- RedCross.org
- dps.georgia.gov/
- Ready.gov
- Fema.gov
- Weather.gov

Special Considerations:

- Youth should practice internet safety when communicating with new people online.
- When teaching safety, remember to reference official guides in creating presentations and exhibits.
- Consider partnering with community agencies and supporting their safety initiatives to expand your reach.
- Be sure to gain the proper training and certification prior to leading emergency preparedness and safety classes.
- Reach out to your local county Extension staff to discuss risk management practices.

At Competition:

Safety 4-H projects may use posters, artifacts, biofacts, and/or technology to support their presentation. The time limit for these presentations is 12 minutes. Computers, projectors, screens, and other technological devices may be used.

Prepared by: Keri Hobbs and Natalie Bock

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Reviewed by: Charlie Wurst and Jason Estep

Sources:

The University of Georgia CAES. 2016. Project Achievement. <http://www.georgia4h.org/projectachievement/>

