

## Overnight Trip Packing List for Environmental Education Programs

You will find a general packing list below for residential programs. Please adjust clothing as needed based on the season, number of days you are visiting and classes participating in. Please limit luggage to one suitcase/duffel bag plus one sleeping bag/bedding per person. Mark all items with student and school name. Only old clothes are needed; pack clothes that can get dirty, sandy, and muddy! New clothes may be ruined with heavy outdoor use. Please note that Burton 4-H Center is not responsible for broken, lost, or stolen items.

## **ENCOURAGED ITEMS**

- Reusable water bottle (required for each class)
- **Wet and dry shoes** (plan for two pair of shoes one to get wet and one to stay dry)
- Rubber boots (rainy days and are required for salt marsh ecology- guests may also visit the "Wall of Lost Soles" to borrow a pair; please note there is limited availability of sizes)
- **Closed toe shoes** (required for dissection classes)
- Strapped sandals or closed toe water shoes (examples: Tevas, Chacos, sandals with a back strap)
- **Crocs** are allowed to be worn with heel strap only (not allowed during seine nets or dissection classes)
- Shower shoes (only for wearing in bathrooms/showers please note, flipflop or slides are not allowed in classes, for inside dorms only)
- Socks (three to five pairs)
- Underwear (three to five pairs)
- Combination of long sleeve/short sleeve t-shirts (minimum one per day)
- Combination of long pants/shorts (minimum one per day)

- Day pack, backpack, fanny pack
- Raincoat and/or rain gear
- Sweater/sweatshirt/ jacket
- Gloves, scarf, warm hat, etc. (if cold)
- # Hat/cap/visor
- Sunglasses
- Eyeglasses/sunglasses straps ("croakies")
- **%** Pajamas
- \* Towels (wash cloth, shower towels, and beach towels are NOT provided)
- Pillow (NOT provided)
- \* Twin Extra Long sized bedding, blankets or sleeping bag (linens are NOT provided)
- \* Toiletries body wash, toothbrush, shampoo, conditioner, deodorant, etc.
- Brush/comb
- Waterproof sunscreen
- **%** Insect Repellent
- **%** Lip balm/chapstick
- Plastic garbage bag for wet/dirty clothes

## **OPTIONAL ITEMS**

- Money for canteen (gift/snack shop) please bring cash or check only as we do not process credit cards
- Quarters and dollar bills for vending machine
- Bay pack, backpack, fanny pack
- Book to read during free time/down time
- **8** Board games and cards during free time/down time
- **%** Camera / disposable camera
- **8** Binoculars
- Swimsuit to wear under clothes (only if taking seining or "choosies" class)

- Resealable bags for collecting seashells
- Burton 4-H Journal Questions (please see website)
- Pencil, paper, stamps
- Fabric softener sheets (local hack for sand gnats)
- Folding chairs (for adults with <u>limited</u> mobility and/or supervising students on-site during free time)
- Reusable coffee mug (adults only)
- **Box** fan or white noise machine (for adults)

## DO NOT BRING

- **%** Cell phones (not allowed in classes)
- Flip-flops or slides (not allowed outside of dorms)
- Candy, food, gum, soda (not allowed in buildings)
- Knives/weapons (of any kind)
- **%** Fishing equipment
- **#** Fireworks

- Electronic equipment (video games, speakers, Earpods etc.)
- Megaphones
- **\*** Excessive cash or change
- **%** Inapproprate clothing
- **\*** Items of great value (emotional or monetary)