Orienteering Journal Questions

1. The red needle in the compass always points in what direction? Why?

2. If you were wearing a large metal belt buckle, how might it interfere with your compass?

3. What does the phrase “put red in the shed and follow Fred” mean?

4. What are the four cardinal directions and their degree equivalents? Draw and label.

5. To cover 150 feet, it takes you 60 steps. How long is your pace?
6. List two important things to remember for holding a compass correctly.

7. Label the base plate, dial, degrees, orienting arrow “shed”, direction of travel arrow “Fred”, and magnetic needle “red”.

8. Besides a compass, what other things could you use to find your direction? List two.