

### Supplies Needed:

- Paint samples/swatches

### Instructions:

This is a simple activity that is designed to make youth more observant while exploring nature. Each student should choose 1-2 paint colors. Have lots of options – different shades, light and dark, bright, etc. While youth are hiking through the forest or exploring their neighborhood, they need to find an object that is the same color as their paint sample. Not only does this make youth better observe the natural world, but they may start to appreciate the diversity of color found in nature.



### Variations:

Educators may want students to choose two paint samples and find two objects in nature: biotic and abiotic. Biotic items are any organism that is living or was once living (decomposing leaf, tree, etc.) Abiotic items are anything that will never be living within an ecosystem (air, rock, water, sunlight, etc.)

Educators could have youth work in small groups to find a rainbow of colors within the forest – red, orange, yellow, green, blue, indigo, and violet. Youth could also work in groups to find various shades of the same color – light green, dark green, etc.

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