Microorganisms

Gender: Male       Female
Race/Ethnicity: (Circle all that apply)
White       African-American/Black
Asian       American Indian
Pacific Islander       Hispanic Ethnicity
Grade: _______              Age: ________

Check everything that is true about washing your hands!
- Wash them before touching food!
- Wash them after going to the bathroom!
- Wash them after coughing or sneezing!
- Wash them once a day!
- Scrub them with soap for 20 seconds!
- Clean under your nails!
- Wipe your hands on your pants to dry them!

Circle all of the things that you can do to keep yourself and others safe from germs:

- Cough and sneeze into your hand
- Cough and sneeze into the inside of your elbow.
- Re-use tissues
- Wash your hands often
- Only use soap if your hands look dirty.
-Come to school when you are sick
- Share drinks with your friends
- Try not to touch your face!
- Fist bump instead of high-fiving
### Answer the questions below by putting an “X” in the box.

<table>
<thead>
<tr>
<th>Because of <strong>STEM CLUB</strong>…</th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly Agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am more confident in my ability to prevent the spread of germs!</td>
<td>![X]</td>
<td>![X]</td>
<td>![X]</td>
<td>![X]</td>
</tr>
<tr>
<td>I will wash my hands more often with soap and water!</td>
<td>![X]</td>
<td>![X]</td>
<td>![X]</td>
<td>![X]</td>
</tr>
<tr>
<td>I feel that I can take action in keeping myself healthy!</td>
<td>![X]</td>
<td>![X]</td>
<td>![X]</td>
<td>![X]</td>
</tr>
</tbody>
</table>

**Something I can do to keep myself healthy is:**

**I will wash my hands when:**

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**UNIVERSITY OF GEORGIA**

**EXTENSION**