FORTSON 4-H CENTER ENVIRONMENTAL EDUCATION

DIETARY RESTRICTIONS FORM

School Name: _____ **Date of Visit:**_____

Dietary Restrictions

- With advance notice the dining hall can accommodate most food allergies or other food related restrictions (ex: nut allergy, gluten allergy, vegetarian, etc.). While we make efforts to accommodate special requests, we are not able to meet all special requests.
- Please make sure to include all available details:
  - For example, if a participant has an egg allergy, the allergy could be listed as follows depending on severity:
    - Egg Allergy: student cannot have any eggs at all, even as an ingredient (no pancakes or cookies if egg is an ingredient)
    - Egg Allergy: student cannot have eggs alone, but can have eggs in products
  - Your school nurse will usually have this information on file, and they may be able to help you fill out this form for students
- If your student has a very severe allergy, plans can be made to bring their own meals and be kept in a refrigerator or freezer on center.
- Please list all dietary needs for **student** and **adult** participants on this form. **Fax or email form to Mary Melson at: 770-946-4494/ mary.melson@uga.edu approximately 2 weeks prior to your visit.**

Participant's Name	Student or Adult	Dietary Restrictions *please be specific, see above*	Health Supplies
John Doe	*Student*	*Nut Allergy*	*Epipen*
Jane Doe	*Adult*	*Vegetarian*	*None*

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Participant's Name	Student or Adult	Dietary Restrictions *please be specific, see above*	Health Supplies

The more you share about your group the better prepared we will be to meet your needs. We look forward to serving you!

Fax or email form to Mary Melson at: 770-946-4494/ mary.melson@uga.edu