Georgia 4-H Project Achievement empowers young people with skills for a lifetime. Through a competitive process, students explore their interests, unleash their creativity, share their work, and celebrate their achievements! This guide provides 9th—12th graders with examples for getting started with their project exploration.

Description of Project:
4-H'ers may explore clothing through the experiences of designing and constructing garments and accessories. Through this project 4-H'ers may:

- learn about various fibers and the vocabulary used in fashion industry
- understand basic elements and principles of art as related to improved personal appearance
- develop ability to select clothing to enhance appearance and self-esteem, identify appropriate fit of clothing, and determine value based on quality
- select and use sewing and pressing equipment correctly
- develop skills to construct an outfit including fabric and notion selection, pattern use, and construction
- develop skills in modeling clothing and accessories
- explore career opportunities related to fashion, merchandising, and clothing construction

Examples of Project Development Experiences:
- Attend/participate in local fashion shows
- Work or volunteer in a fabric or clothing store
- Research different types and uses of fabric and learn about current fashion trends
- Interview local seamstresses/tailors about how patterns are chosen, adapted, and sewn
- Analyze values of garments by comparing cost of materials and labor versus sale price
- Take a sewing class and make articles of clothing for different seasons of the year

Overview:
⇒ Choose project
⇒ Develop skills in:
  - Project
  - Leadership
  - Service
⇒ Prepare portfolio for work completed from January 1—December 31
⇒ Prepare presentation
⇒ Practice
⇒ Compete
⇒ Reflect

Georgia4h.org/programs/project-achievement
Project Sharing and Helping Examples:
- Teach 4-H’ers about pattern and fabric selection and how to sew simple articles of clothing
- Sew costumes for local theatre group productions
- Teach summer day camp classes on different types of fabric and their uses
- Plan a local fashion show; coach participants in modeling techniques; narrate show by describing fashion styles, purpose of garments, and suitable fabric choices
- Prepare a fashion portfolio to share with others for different seasons of the year at club meetings or special events
- Research and sew articles of clothing to donate to preemies in hospital NICU settings or to seniors at senior homes
- Teach a project club on building a wardrobe on a budget
- Lead a group in sewing garments for a service project
- Demonstrate accessory selection skills to 4-H Club members, school classes, civic clubs, and senior homes
- Teach others how to make a clothing item by evaluating price, fabric durability, and purpose
- Mentor a younger 4-H’er in the Creative Stitchery project

Recommended Resources:
- Georgia4h.org/ProjectAchievement
- Fcs.uga.edu
- Fashionschools usa.com/states/georgia
- mylifetime.com/shows/project-runway
- mylifetime.com/shows/project-runway-junior
- DIYnetwork.com
- nationalmakeitwith-wool.com
- Georgiacenter.uga.edu/youth

Special Considerations:
- This project should show an appreciation of fashion through actual skill demonstration or knowledge gained through study.
- The outfit modeled at competition must have been created during the current 4-H year and must not have been judged in a previous year in a district or state 4-H contest.
- After the modeling session, 4-H’ers will change into any outfit and leave the modeled garment to be judged on construction.
- Refer to the 4-H Quality Construction Checklist when creating the garment for competition.
- Be sure to discuss with and bring along a parent/guardian for all modeling opportunities.

At Competition:
Fashion Revue competitors must bring their homemade garment made during the 4-H program year. At the competition, the 4-H’er should:
- Model this outfit
- Answer questions on outfit construction
See the project guidelines for exact specifications.

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Sources:
The University of Georgia CAES. 2016. Project Achievement. http://www.georgia4h.org/projectachievement/

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