

Supplies Needed:

- Plant Seeds
- Potting Soil
- Starting Containers - toilet paper rolls, cardboard egg cartons, lemons, plastic jugs, etc.

Instructions:

Growing plants from seeds can be a fun and rewarding experience! Many times, gardeners begin their seeds in small containers before transplanting the seeded plants into larger pots. There are lots of fun containers you can use to begin your seeds.



Some plants are best direct-seeded, meaning that it is easiest to plant the seeds directly where the plant will be growing long-term. Examples include carrots and beans. When choosing your seeds, consider selecting plants that do well from transplanting. Examples include tomatoes, peppers, cabbage, and many flowers (pansies, petunia, etc.).

First, decide on your containers. Examples could be cardboard toilet paper rolls or paper towel rolls (trimmed down with bottoms folded), cardboard egg cartons, lemon halves with the fruit removed, etc. Many containers are biodegradable, meaning that they will breakdown over time. However, it is still recommended to replant any seedlings and remove the containers. It usually takes a long time for these containers to decompose. The plants will want to stretch their roots.

Next, add in your soil. Potting soil purchased from the store will have all the proper nutrients for your seeds to grow. Using your finger, poke a small hole into the soil inside the container. Add 2-3 seeds per hole. Cover the hole with soil.

You will want to keep the soil moist, but do not over-water it. Place your seed starters in a warm place that will receive sunlight. Once your plants are large enough, transplant them into larger pots or the ground. Enjoy!

For more information, consider checking out these UGA Extension publications by visiting:

<https://extension.uga.edu/publications>.

- Bulletin 1432: Starting Plants from Seed for the Home Gardener
- Bulletin 577: Home Gardening
- Circular 943: Vegetable Garden Calendar
- Circular 963: Vegetable Gardening in Georgia
- Bulletin 954: Flowering Annuals for Georgia Gardens

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