

Duskwalk Journal Questions

1.	Have you ever experienced the beach in the evening? If yes,
	how did this experience compare? If no, please describe
	tonight's experience.

2. What does crepuscular mean? Why	y is this a benefit?
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3. What is a new fact you learned about human senses?

4. How often do you experience silence at home or in nature? How did this experience compare?

5. List all of the activities you did and a fact of each one. Circle your favorite. Why was this your favorite?