

## Day Trip Packing List for Environmental Education Programs

You will find a general packing list below for day trip programs where meals and lodging are not provided. Please adjust clothing as needed based on the season you are visiting and classes participating in. Label all items with student and school names. Only old clothes are needed; Pack and wear clothes that can get dirty, sandy, and muddy! New clothes may be ruined with heavy outdoor use. Please note that Burton 4-H Center is not responsible for broken, lost, or stolen items.

### ENCOURAGED ITEMS

- ✿ Sack lunch
- ✿ Snacks
- ✿ Reusable water bottle
- ✿ Day pack, backpack, fanny pack
- ✿ Change of dry clothes
- ✿ Wet and dry shoes (plan for two pair of shoes - one to get wet and one to stay dry)
- ✿ Rubber Boots (rainy days and are required for salt marsh ecology- guests may also visit the “Wall of Lost Soles” to borrow a pair; please note there is limited availability of sizes)
- ✿ Closed toe shoes (required for dissection classes)
- ✿ Strapped sandals or closed toe water shoes (examples: Tevas, Chacos, sandals with a back strap)
- ✿ Crocs are allowed to be worn with heel strap only (not allowed during seine net or dissection classes)
- ✿ Combination of long sleeve/short sleeve t-shirts
- ✿ Combination of long pants/shorts
- ✿ Raincoat and/or rain gear
- ✿ Sweater/sweatshirt/jacket
- ✿ Jacket (including gloves, scarf, warm hat, etc. if cold)
- ✿ Hat/cap/visor
- ✿ Sunglasses
- ✿ Waterproof sunscreen
- ✿ Insect Repellent
- ✿ Lip balm/chapstick
- ✿ Plastic garbage bag for wet/dirty clothes

### OPTIONAL ITEMS

- ✿ Money for canteen (gift/snack shop) - *please bring cash or check only as we do not process credit cards*
- ✿ Quarters and dollar bills for vending machine
- ✿ Camera / disposable camera
- ✿ Binoculars
- ✿ Pencil, paper for journals
- ✿ Resealable bags for collecting seashells
- ✿ Burton 4-H Journal Questions with pencils
- ✿ Fabric softener sheets (for gnats)
- ✿ Folding chairs (for adults with limited mobility and/or supervising students on-site during free time)
- ✿ Reusable coffee mug (adults only)

### DO NOT BRING

- ✿ Cell phones (not allowed in classes)
- ✿ Flip-flops or slides (not allowed in classes, all shoes are required to have a heel-strap)
- ✿ Candy, gum, soda (not allowed in buildings)
- ✿ Knives/weapons (of any kind)
- ✿ Fishing equipment
- ✿ Fireworks
- ✿ Electronic equipment (video games, speakers, EarPods, etc.)
- ✿ Megaphones
- ✿ Excessive cash or change
- ✿ Inappropriate clothing
- ✿ Items of great value (emotional or monetary)