## **Condensed Army Outdoor Connection Retreat Schedule**

| Date and Time | Activity   |
|---------------|--|
| Saturday      |  |
| 5:00 -8:30    | Arrival and Adult Leader Orientation                       |
| Sunday        |  |
| 10:00- 11:30  | Arrival and Check-In                                       |
| 12:00 - 1:00  | Lunch  |
| 1:00 - 1:30   | Opening Assembly   |
| 1:45 – 2:45   | Family Group   |
| 2:45 – 3:00   | Break  |
| 3:00 - 4:30   | Great Wahsega Challenge                                    |
| 4:30 - 5:45   | Free Time and Pond Falls                                   |
| 6:30 - 7:30   | Dinner   |
| 7:45 – 8:45   | Campfire Stories and Fun                                   |
| 8:45- 10:45   | Cabin Reflection and Bath house                            |
| Monday        |  |
| 8:00 - 9:00   | Breakfast and Adult Leader Meeting                         |
| 9:00          | Activity Rotation  |
| 11:10 -11:20  | Summit Energizer   |
| 11:25 -12:25  | Activity Rotation  |
| 1:30 -1:40    | Summit Energizer   |
| 12:45 – 1:40  | Lunch and Lunch Meds                                       |
| 1:45 – 2:45   | Activity Rotation  |
| 2:45 - 4:00   | Organized Recreation                                       |
| 4:10-5:10     | Activity Rotation  |
| 5:30          | Dinner and Dinner Meds                                     |
| 6:45 - 7:45   | Activity Rotation &  |
|               | Night Recreation   |
| 9:00 - 11:00  | Cabin Reflection, Bathhouse, Lights Out, Night Supervision |
| Tuesday       |  |
| 8:00 - 9:00   | Breakfast and Adult Meeting                                |
| 9:00 - 10:00  | Activity Rotation  |
| 10:15-11:30   | Pond and Falls, Free Time, Snacks                          |
| 12:00 - 12:50 | Lunch and Lunch Meds                                       |
| 1:00 - 1:45   | Family Group Time  |
| 2:00 - 3:00   | Pack, Cabin Check, Supervision                             |
| 3:00 - 3:30   | Post Camp Survey   |
| 3:40 - 4:20   | Closing Remarks  |
| 4:20 - 6:00   | Parent Pick Up, social, clean up and prep                  |