



Recipe Ideas for Cloverleaf Project Achievement (4th -6th Grader) in the "Between Meal Snacks" and "Food Fare" Projects

- <http://cookingmatters.org/recipes>
- <https://www.dole.com/en/recipes>
- <https://kidshealth.org/en/kids/recipes/recipes?ref=search>
- <https://www.eatingwell.com/recipes/18049/healthy-kids/>
- <https://www.eatright.org/recipes>

REMEMBER:

When selecting a recipe.....

Cloverleaf food Labs participants should prepare a no cook, no bake, healthy snack in 1 hour

Cloverleaf food lab projects may not use any electrical equipment or anything with a blade to prepare their dish. Knives, blenders, hand mixers, griddles, skillets, torches, food processors, etc. are not allowed.