

Student Guidelines

We hope you are all excited and eager for all the fun you are going to have during your stay here at Rock Eagle 4-H Center! On behalf of everyone here at Rock Eagle, we are so glad that you are coming to participate in our program and cannot wait until you arrive! It is going to be a once in a lifetime experience! Before you get here, here are a few pointers to remember. Please review them all, as this will help to make this the best trip possible.

In General:

- ☘ "Give me 5!", a raised hand means it is time to listen during classes, meals, and announcements.
- ☘ Please be at Homebuildings ready for class 5 minutes prior to class time.
- ☘ Do NOT bring valuable items. The Rock Eagle 4-H Center is NOT responsible for lost or stolen items.
- ☘ Gum is not permitted.
- ☘ Quiet hours are 10 PM to 7 AM. Students must be in cabins and quiet during this time.
- ☘ Remember, you are representing the Rock eagle 4-H Center, your school, and yourself.

Be Respectful

- ☘ Respect the TACOS! Treat others how you wish to be treated!
- ☘ T: Teachers | This is your teachers from school and your Rock Eagle teachers. Rock Eagle staff have lots of activities and information to share with you!
- ☘ A: Animal Ambassadors | You will get to meet and see many animals on your stay here at Rock Eagle.
- ☘ C: Classrooms | Our classroom is the Great Outdoors! Help respect the environment by leaving no trace and taking nothing.
- ☘ O: Others | This is your classmates, chaperones, guests, and all Rock Eagle staff (dining hall, maintenance, housekeeping, etc.)
- ☘ S: Spaces and Supplies | We want to continue to share these things with future groups and is also home to our animal ambassadors, staff, and/or other visiting groups.

Be Responsible

- ☘ Before enjoying free time, students should be ready for their next class/activity! This includes using the restroom, getting water/filling up water bottles, applying bug spray and/or sunscreen (outside cabins/buildings), putting on the correct type of shoes and appropriate clothing.
- ☘ 5 minutes prior to class time, report to the group's Homebuilding and line up in the correct learning group meeting spot.
- ☘ Rock Eagle instructors will provide brief rules for each class. Be sure to follow these to keep you safe!
- ☘ Remember, if you are early, you are on time. If you are on time, you are late.

Be Ready to Learn

- ☘ Rock Eagle staff are excited to share their activities and information with you! Please come to class curious and ready to engage.
- ☘ Please raise your hand before asking questions or making a comment – and don't worry, there will be time for discussions!
- ☘ Student cell phones are not allowed in classes. Please ask for adults to take photos.
- ☘ Student Journal Questions are for after classes or at the end of class. Please put them away during classes.
- ☘ Once class begins, there are not opportunities for grabbing shoes, restroom breaks, etc. Please take care of your personal business before class.

Be Ready to Have Fun

- ☘ Have fun! Try something new! We encourage you to be independent, open-minded and grow with your experience.

Free Time

- ☘ Before enjoying free time, make sure you are ready for class!
- ☘ Be alert of vehicles moving around center!
- ☘ Students must be supervised by an adult at all times.
- ☘ Return all free-time supplies and rec-balls back where you found them.
- ☘ Shoes must always be worn unless you are in your dorm or on the sand volleyball court.
- ☘ No running on concrete. Please walk with a purpose.

Shoe Requirements

- ☘ Classes, meals, dorms and free time require shoes to be closed toed or sandals that have a back strap. Please be at Homebuildings ready for class 5 minutes prior to class time.
- ☘ Flip-flops or slides are only for inside the dorms and showers, never during classes, free time, or to be worn outside the dorm.
- ☘ Lake classes require a shoe with a back strap or closed toe shoes that can get wet. Shoes are always required in the water.
- ☘ Team building, Rock Eagle Hike, Historic Games, Ultimate Frisbee, and Fish Dissection require closed toe shoes.
- ☘ Crocs are allowed but are not considered closed toe shoes.

Water Rules for Classes

- ☘ There is no swimming at any time in the Rock Eagle Lake.
- ☘ During Lake Ecology, Lake Assessment, and Watershed Studies, students and adults are only allowed to go knee deep.
- ☘ During Canoeing, students are not allowed in the water.

Team Cleaning

- ☘ Be a team player. We all have to work together to keep everything clean, tidy, and better than we found it.
- ☘ Dining Hall – It is your responsibility to return your tray, wipe off the table of crumbs and spills with napkins, throw away trash, and to push in your chair at the end of every meal.
- ☘ Cabins – On the last day, it is your responsibility to remove linens, remove trash and replace trash bags, and return furniture to its original location.
- ☘ Trash – please be a good steward and make sure your trash ends up in the trash can. We encourage all to pick up trash and throw it away while on center or on the trails!
- ☘ Recycling – please be a good steward and make sure your recycling ends up in the recycling bins located inside Homebuildings.

Cabins

- ☘ Students can only go in their assigned cabin. If you need to go into a dorm, students will need an adult and a friend to go with you. Remember, best to be in a group of three!
- ☘ Food and drinks other than water are not permitted in the cabins. This prevents roaches, rats, and racoons. You may enjoy other beverages and snacks outside on porches or inside the Homebuilding.
- ☘ Please spray bug repellent and or/sunscreen outside of the cabins and Homebuildings. Aerosols glue to the floor.
- ☘ Students are responsible for cleaning cabins before departing. A cleaning list can be found in the common room on the board. All personal items should be removed before 8:30 AM on your last day.

Dining Hall

- ☘ Form a line outside of the dining hall on the stairs or the sidewalk at your mealtime. Your Rock Eagle Lead Staff will meet you there to escort you inside. There is NEVER running in the dining hall.
- ☘ Outside drinks and snacks are not allowed inside the dining hall.
- ☘ Line up by your friends so you can sit with each other where a staff member instructs you to sit. Students will be seated in the order you are in line. Every seat gets filled, so no saving seats!
- ☘ Stay seated until you are dismissed. Do not get up. Remain seated when you are finished eating. A staff member will dismiss you when it is time to go.
- ☘ Raise your hand if you need something at your table and a staff member or teacher will assist you.
- ☘ When dismissed, line up orderly to return your tray, remove all trash, push in your chair, and wait in line for an adult to escort you to get ready for your next class.
- ☘ If you have an allergy or dietary restriction, please let us know when you are getting your food in line.

Canteen

- ☘ Canteen time is assigned by school request. We ask that groups only send in 40 students at a time.
- ☘ We accept cash, check, credit cards, and apple pay.

Thank you for reading all these guidelines. Please keep them in mind as you prepare for your trip. We look forward to seeing you soon!