

Supplies Needed:

- Nature Journal
- Pencil

Instructions:

Senses can easily be used to observe nature! While sight is probably the most common sense used to learn about the natural world, people can also smell, touch, and listen to the natural world. Through this activity, youth will get the opportunity to use these senses in an outdoor setting.



Venture outdoors to a safe setting. As youth wander around, challenge them to listen, touch, and smell – and document their findings in their nature journal. Instructors should ensure the area is free of any hazards. Caution youth to be careful before they touch items; some plants can have thorns, be poisonous, etc. When in doubt, do not touch something. Additionally, remember to treat nature with respect and not to damage anything.

Below is a check-list that can be used during this nature exploration. However, youth could also be given the opportunity to simply freely explore the outdoors and record all their observations.

Touch	Smell	Listen
<input type="radio"/> something rough <input type="radio"/> something smooth <input type="radio"/> something dull <input type="radio"/> something pointy <input type="radio"/> something soft <input type="radio"/> something hard <input type="radio"/> something bumpy <input type="radio"/> something squishy <input type="radio"/> something crumbly <input type="radio"/> something wet	<input type="radio"/> something sweet-smelling <input type="radio"/> something sour-smelling <input type="radio"/> something flowery <input type="radio"/> something minty <input type="radio"/> something bad-smelling <input type="radio"/> something pine-like <input type="radio"/> something fruit-like <input type="radio"/> something citrus-like	<input type="radio"/> leaves rustling <input type="radio"/> twigs snapping <input type="radio"/> birds singing <input type="radio"/> birds flying <input type="radio"/> animals moving <input type="radio"/> water running <input type="radio"/> insects flying <input type="radio"/> wind moving things

Developed By: Kasey Bozeman, Extension 4-H Specialist, 2020.

References:

Algranati, M. (2000). *Try-its for Brownie Girl Scouts*. New York: Girl Scouts of the USA.

