

### Supplies Needed:

- Plant Seeds
- Soil
- Starting Containers - toilet paper rolls, cardboard egg cartons, lemons, plastic jugs, etc.

### Instructions:

Growing plants from seeds can be a fun and rewarding experience! Many times, gardeners begin their seeds in small containers before transplanting the seeds into larger pots. There are lots of fun containers you can use to begin your seeds.



First, decide on your containers. Examples could be cardboard toilet paper rolls or paper towel rolls (trimmed down with bottoms folded), cardboard egg cartons, lemon halves with the fruit removed, etc. Many containers are biodegradable, meaning that they will breakdown over time. However, it is still recommended to replant any seedlings and remove the containers, since it usually takes a long time to decompose and the new plants will want to stretch their roots.

Next, add in your soil. Using your finger, poke a small hole into the soil inside the container. Add 2-3 seeds per hole. Cover the hole with soil.

You will want to keep the soil moist, but do not over-water it. Place your seed starters in a warm place that will receive sunlight. Once your plants are large enough, transplant them into larger pots or the ground. Enjoy!

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