

### Situation

Through 4-H Project Achievement, youth learn valuable life skills such as organization, communication, and confidence. Through the selection, research, development and presentation of the illustrated talks 4-H'ers develop strong life skills. Georgia 4-H works in partnership with teachers, volunteers, and teen leaders to facilitate and promote the participation of student's in Project Achievement and emphasize the importance of this opportunity.

Communities in Georgia are impacted by military residents relocating where support networks, oftentimes other relatives, live. Communities face police officers, teachers, county extension agents and other civilian members of the community deploying when their reserve units are federalized and deployed. Individual families face greater stress with the lack of high quality childcare and youth programs in communities to build resiliency and support among military youth and families. Cooperative Extension in Georgia has an appropriate structure to provide knowledge to military caring professionals, volunteers and families in fields related to youth development and family sciences. Through the 4-H Project Achievement process, young people are able to develop skills within a positive youth development program.



### Response

The Georgia 4-H program is well-situated to respond to the situation facing military connected youth. One of the keystones of the 4-H program in Georgia is Project Achievement. In 4-H Project Achievement, youth, based on their age and stage of development, identify a project area, construct a plan to learn more in that area, and share what they have learned with others. For middle school and high school participants, 4-H members create a portfolio to document their learning. This portfolio serves as an introduction to a cover letter and resume for applying for a job. Because this is a base program, 4-H Project Achievement is available in all 159 counties in Georgia with dedicated staff members and volunteers able to assist military dependents whether they live on a military installation or live in a geographically dispersed area.

Through the 4-H Military Partnership, staff members are trained in working with military connected youth and assist in identifying them. Through a series of workshops at the county level, young people are able to work on their projects. The amount of programming depends on the county. Elementary school age students shared what they

learned through a day-long experience where they completed against one another for recognition. Middle and high school students earned a weekend long experience at Rock Eagle 4-H Center.

### **Impact**

In the 2016 4-H Year, over 1,445 military connected youth participated in Georgia 4-H Project Achievement recognition process at district or state levels. Many more participated at the county or club level. Data was collected through a sample of 32 counties. These counties had 156 elementary age students and 52 middle and high school students participate in 4-H Project Achievement.

For the elementary age students:

- 95% correct identified at least 3 of the 6 things they can do to have a great presentation (make eye contact, practice your speech, use a loud and clear voice, research your topic, learn all you can, say thank you, and dress appropriately)
- 83% of students indicated they were more confident speaking in front of people
- 85% indicated they are better at preparing a presentation
- 90% indicated they learned more about their selected topic
- 81% indicated they were better at giving presentations because of 4-H Project Achievement



Among the middle school and high school students:

- 96% indicated they were better prepared for the workforce because of their participation
- 81% increased their competence in best practices of public speaking
- 94% increased their confidence in public speaking
- 98% indicated that 4-H Project Achievement gave them an opportunity to value and practice service for others
- 87% indicated they felt connected

### **About 4-H**

4-H is America's largest youth development organization. It is delivered through faculty, staff, and volunteers of the University of Georgia in the state's 159 counties. 4-H partners at the federal, state, and local levels to build partnerships that equip youth to acquire knowledge, develop life skills, and form attitude that enable them to become positive, contributing citizens today and in the future. The Georgia 4-H Foundation is a 501(c)(3) organization that financially supports programming statewide.

[georgia4h.org](http://georgia4h.org)