

Suggested Packing List

- Copy of recipe
- Apron
- Hairnet and hair restraints
- Closed-toe shoes
- Appropriate clothing (be mindful of long sleeves, loose clothing, etc.)
- Paper towels
- Multiple pairs of Gloves
- Cleaning wipes or sanitizing solution
- Ingredients
- Measuring cups
- Measuring spoons
- Mixing equipment (spoons, mixing bowls, etc.)
- Spatula or spreader
- Colander (if needed)
- Transfer equipment (spoons, tongs, plastic gloves, etc.)
- Trays and wax paper for organization
- Display items (tablecloth, placemat, table arrangement, etc.)
- Serving dish (bowl or plate)
- Serving ware (paper plates, plastic utensils, etc.)
- Ice and Cooler for cold items
- Box for equipment
- Can opener

Leave Behind:

- Knives
- Peelers
- All electrical equipment (blenders, electric skillets, griddles, food processors, anything with a cord.)
- Jewelry
- Scissors
- Nail polish and/or false nails, and false eyelashes

Questions? Please reach out to your county office or Georgia 4-H Health and Wellness Specialist at Christina.garner25@uga.edu