# 80 Health 813 Rocks!

# **Best Practices**

# *Implementation*

# ✓ Delivery Mode

- Camp residential
- · Camp day camp in summer
- School release days (holiday breaks, etc.)
- In school
- Out of school
- After school
- Partner with other organization (Y, Girls Inc., Parks and Rec., Boys & Girls Clubs, Scouts, church youth groups, current partner groups, etc.)

# ✓ Reaching 10 teaching contact hours

- Incorporate into classroom settings
- Use avenues that make it easy
- · Provide no incentives until all hours, including evaluation, completed

# ✓ Incorporating youth and adults as partners

- Eliminate excuses for not participating
- Collaborate with schools to get students released to teach
- Programming when students are available

## ✓ Promotion and Marketing

- Utilize available pieces
- Church bulletins, organizations newsletters
- Email/Websites
- Direct contact with youth organizations
- Attend teacher in-services, organization conferences, boards and councils
- Pull-up banners, table throws, Health Rocks! badges
- Youth interviews
- Media packets

### Incentives

- Kits to instructors
- Provide food/snacks
- Money to school/classroom/teacher for reaching certain number of youth
- · Equipment for instructors classrooms
- For students t-shirt/tote/something they want

#### ✓ Partner Inclusion

- Share key webinars with them
- Provide necessary training
- Recognition
- Maintain regular (not intrusive) contact

#### ✓ Partner Accountability

- · Mini-grants half of money comes at beginning, half at end
- Memorandums of Understanding

- Frequent contact
- Identify partner benefits
- Create a schedule that each partner/organization agrees on (serves as a guide for the program and an unofficial MOU)
- Provide a course outline including objectives, etc.

# **Evaluation**

# ✓ Getting evaluation surveys back

- Communicate importance of evaluation
- Share ways to use the data (e.g, to fulfill reporting, present to stakeholders)
- Encourage program staff to find ways to complete evaluation requirements
- Incorporate evaluation surveys as part of the lessons
- Build in time during refreshments
- Track attendance to know which youth completed 10 hours
- Provide assistance to youth (individually or as a group) to complete the survey
- Use a variety of methods (paper-pencil, computer, iPads) based on accessibility of tools and age of youth
- When administering survey, participants cover pre-column and complete post-column, then cover postcolumn and complete pre-column

### ✓ Tracking monthly reach

- Plan who will monitor reach and who will complete monthly survey
- Even with no additional information or new numbers, still complete the report

# ✓ Compliance

- Create spreadsheet or reporting method (ie Survey Monkey) for sites to use in reporting
- Regularly monitor compliance to procedures
- Maintain contact through monthly phone calls or emails to sites

### ✓ Data entry

- Allow ample time to enter surveys
- Enter monthly
- Hiring students to enter surveys

# **Fund Development**

# ✓ Identifying potential partners

- Partners who want the similar outcomes as Health Rocks! (insurance companies, hospitals, medical groups, etc.)
- Share identified partners with other states

# ✓ Asking for dollars

- 15 second elevator speech
- Identify key partners to serve as advocates

#### ✓ Sharing need and successes

- Focus on benefit to them
- Communicate data pertaining to the need (e.g., national, state, and local level data on substance use)
- Share evaluation data on impact of Health Rocks!
- Forward success stories to other states