## Georgia 4-H Camp Dress Guidelines for Campers and Adults

The following dress guidelines were developed to ensure a fun and safe week of camp for all!

## **Clothing**

Pack a daily change of comfortable clothing (some days you may need or want 2 outfits). Please bring old clothes to play in and leave your nice new outfits at home. Shorts and t-shirts are ideal. Keep these clothing guidelines in mind: halter tops, backless shirts, one shoulder tops, shirts with spaghetti straps, tube tops, extremely tight clothing, visible midriffs, revealing pants, or clothing that advertises alcohol or tobacco products are NOT allowed. Sleeveless shirts and tank tops may be worn as long as they are modest, and girls' straps need to be wide enough to touch the shoulders or at least 1 to 2 inches wide. There should also be no visible cleavage or visible undergarments (boys and girls). Boys must wear a shirt at all times except when in the pool or participating in other water-related activities. Campers should also not wear shorts that are too short or too tight. Generally, shorts need to be as long as the index finger when the arms are extended by the sides.

## **Swimsuits**

Girls must wear a one piece or a tankini. They must be in good taste, not skimpy, or too revealing. Bikinis or one piece swimsuits that are extremely revealing (like those with the sides cut out) are not allowed. Tankini tops may not be worn with bikini bottoms or vice versa. If you wear a swimsuit that does not meet the guidelines or is deemed inappropriate by any adult leader at camp, you must wear a cover-up (a colored larger t-shirt) during swim time. Girls need to pack a cover-up to wear to the pool or beach, or wear the swimsuit under their clothes when they leave the cabin.

Note: Camp at Fortson and Jekyll include a trip to a water park. When selecting a swimsuit, be aware that some of the waterslides do not allow one to wear a t-shirt or cover-up; however, you must follow the Georgia 4-H swimsuit guidelines at the water park.

## **Shoes**

Comfortable shoes are a must. A pair of tennis/athletic shoes is best for the walking you will do at camp! Wear socks to prevent blisters. For some camp activities, tennis/athletic shoes are the only acceptable shoes. Comfortable sandals and shoes with heel straps are ok; however, they must have a durable strap that is attached to a sturdy shoe. Croc-type shoes are ok if the heel strap is worn on the heel, but shoes that are merely flip flops with a thin heel strap are not appropriate for camp activities. Flip flops can only be worn in the cabin. Shower shoes (like flip flops) are good to wear in the cabin bathrooms, but these cannot be worn outside. Shoes must be worn at all times except when swimming.

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