

Do

Describe the activity you'll have kids do Encourage them to think about what they might see or what might happen. Then, let the participants experience the activity; perform or do it



Share

Ask questions about the activity and the experience after they've completed it. Participants describe their results and reactions.



Process

Ask questions about something that was important about the experience. Kids analyze the experience and reflect upon the results.



Generalize

Apply the results back to real world examples. Ask questions to help kids connect the subject matter to life skills and the bigger world.



Apply

Help participants apply what they learned to their own lives, to give them opportunities to practice these new skills or use new information.



HEAD
(INDEPENDENCE)

- Resiliency
- Planning/Organizing
- Goal Setting
- Wise use of Resources
- Service Learning
- Critical Thinking
- Problem Solving
- Decision Making
- Learning to Learn
- Keeping Records

HEART
(BELONGING)

- Nurturing Relationships
- Sharing
- Empathy
- Concern for Others
- Accepting Differences
- Conflict Resolution
- Social Skills
- Cooperation
- Communication

HANDS
(GENEROSITY)

- Leadership
- Responsible Citizenship
- Contributions to Group
- Marketable Skills
- Teamwork
- Self-Motivation
- Community Service
- Volunteering

HEALTH
(MASTERY)

- Self-Esteem
- Self-Responsibility
- Character
- Managing Feelings
- Self-Discipline
- Healthy Choices
- Stress Management
- Disease Prevention
- Personal Safety

