



YOUTH & ADULT PACKING CHECK LIST FOR OVERNIGHT TRIPS

You will find a *general* packing check list below for residential (overnight) programs at the Burton 4-H Center on Tybee Island. Although we provide the bare necessities, each youth and adult should plan to bring appropriate items for your stay as detailed below.

CONSIDERATIONS FOR YOUTH & ADULTS	
<input type="checkbox"/> Dress code	The Burton 4-H Center on Tybee Island is a part of the University of Georgia (UGA) , therefore while packing, keep in mind all clothing and personal belongings must be “school appropriate.” Please follow dress code rules and suggestions provided by both UGA, Georgia 4-H, and your organized group.
<input type="checkbox"/> Accountability	<i>Please involve your youth with packing for their trip!</i> This will help ensure that all items that come to the Burton 4-H Center come home with them.
<input type="checkbox"/> Liability	If you pack it and bring it, only you are responsible for keeping up with it. <i>Burton 4-H Center is not responsible for any broken, lost, or stolen items.</i>
<input type="checkbox"/> Label EVERYTHING!	Mark all items with youth first and last name in the event items are lost. Use stickers, permanent markers, stamps, sew-on-labels, iron-on-labels, etc. It is common for youth to have identical items.
<input type="checkbox"/> Luggage Limits	Please limit luggage to one suitcase/duffel bag plus one sleeping bag/bedding per person. Plan ahead for living out of your luggage choice.
<input type="checkbox"/> Old clothes	Pack plenty of clothes that can get dirty, sandy, and muddy! New clothing may be ruined with heavy outdoor use; only old clothes are needed.
<input type="checkbox"/> Seasonality	Check the weather forecast before you pack! It is important to remember variations in climate, especially on an island! Consider and adjust clothing as needed based on the season, number of days you are visiting, and which programs you are participating in to ensure a comfortable and well-prepared trip.
<input type="checkbox"/> All-Inclusive List	Please keep in mind this list is NOT exhaustive. Please make your best judgement when packing.
<input type="checkbox"/> Cleaning Skills	Youth will take an active role in cleaning up after themselves and our facilities during their stay! Before your trip, we encourage youth to learn essential cleaning skills including sweeping, wiping tables, cleaning toilets, replacing trash bags, etc. Thank you in advance!
<input type="checkbox"/> Other Questions?	<i>Check with the group organizer for specific questions, policies and/or items to bring!</i>

ENCOURAGED ITEMS TO BRING	
FOOTWEAR: UGA shoe requirements apply to both youth and adults. Please pack shoes according to what classes you will be taking (see Shoe Requirements document). Make sure that ALL shoe wear is broken-in prior to trip!	
<input type="checkbox"/> Wet shoes	Plan for at least one pair of shoes to get wet.
<input type="checkbox"/> Dry Shoes	Plan for at least one pair of shoes to stay dry.
<input type="checkbox"/> Rubber boots <input type="checkbox"/> Tall socks <input type="checkbox"/> Shoes to borrow	Boots are required for salt marsh ecology programs- guests may visit the “Wall of Lost Soles” to borrow a pair; please note there is limited availability of sizes. If youth and/or adults do not bring any closed-toed shoes, individuals will be sent to borrow a pair of boots. Boots are also useful for programs on rainy days.
<input type="checkbox"/> Closed-toe shoes	Required for all dissection classes and for visiting Fort Pulaski. Closed toe shoes are also ideal for many classes: <u>please note that crocs are NOT considered closed toe.</u>

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<input type="checkbox"/> Sandals	Sandals must have a secure back strap Ex: Tevas, Chacos, etc.
<input type="checkbox"/> Water shoes	Water shoes are an excellent option for many activities but must be secure to feet.
<input type="checkbox"/> Shower shoes	For wearing in bathrooms/showers; flipflop/slides are not allowed during classes or on campus, for inside dorms only.
<input type="checkbox"/> UGA Shoe Requirements	UGA shoe requirements apply to both youth and adults. This also includes Burton 4-H Staff. For safety during your trip, please be prepared to follow these expectations.
YEAR-AROUND OUTDOOR CLOTHING	
<input type="checkbox"/> Socks	Plan for at least 2 changes per day.
<input type="checkbox"/> Tall Socks	Tall socks will prevent blisters while wearing rubber boots.
<input type="checkbox"/> Underwear <input type="checkbox"/> Undergarments	Plan for at least 2 changes per day.
<input type="checkbox"/> Pajamas	Dormitories are climate-controlled (Air conditioning and/or heat)
<input type="checkbox"/> Short sleeve(s) <input type="checkbox"/> Long sleeve(s) <input type="checkbox"/> Pullover(s) <input type="checkbox"/> Jacket(s)	Minimum 1 shirt per day; combination of shirts is suggested for varying seasonal temperatures. Consider layers for cooler evenings and inside dorms.
<input type="checkbox"/> Long pant(s) <input type="checkbox"/> Short(s) <input type="checkbox"/> Belt	Minimum 1 pair of bottoms per day; combination of bottoms is suggested for varying seasonal temperatures. Consider layers for buggy or windy conditions.
<input type="checkbox"/> Rain jacket <input type="checkbox"/> Poncho <input type="checkbox"/> Rubber boots <input type="checkbox"/> Umbrella	Rain gear as programs will continue during rainy weather!
<input type="checkbox"/> Day pack	Ex: backpack, fanny pack, drawstring bag, etc. to hold your personal belongings.
YEAR-AROUND OUTDOOR EQUIPMENT	
<input type="checkbox"/> Refillable bottle	Water is essential year-round! A FILLED water bottle is required for each program due to physical activity during the trip and programs. We recommend 1-2 refillable water bottles. We provide many water bottle refilling stations to keep everyone hydrated.
<input type="checkbox"/> Insect Repellent	We strongly encourage avoiding aerosol products. If using aerosols, spray outside only. Insects respond to environmental conditions such as rainfall and temperature variations and are most active during spring and fall. "No-Gnats" is a great local brand for sand gnats, but do not forget about mosquitoes too.
<input type="checkbox"/> Sunscreen (face) <input type="checkbox"/> Sunscreen (body)	Sun protection is important year-round! We strongly encourage avoiding aerosol products. If using aerosols, spray outside.
<input type="checkbox"/> Other Essentials	<input type="checkbox"/> ChapStick <input type="checkbox"/> Hat, cap, visor <input type="checkbox"/> Sunglasses <input type="checkbox"/> Eyewear straps
COOLER WEATHER ACCESSORIES (depending on season)	
<input type="checkbox"/> Warm Layers	<input type="checkbox"/> Jacket <input type="checkbox"/> Gloves <input type="checkbox"/> Beanie <input type="checkbox"/> Windbreaker <input type="checkbox"/> Thermal <input type="checkbox"/> Scarf
LINENS	
<input type="checkbox"/> Pillow(s) <input type="checkbox"/> Pillowcase	No pillows are provided by Burton 4-H Center.
<input type="checkbox"/> Sleeping bag <input type="checkbox"/> Blanket <input type="checkbox"/> Twin XL sheet set	No linens are provided by Burton 4-H Center. Bunk beds are Twin Extra Long for both adult and youth beds. Please plan to bring your personal preference of sleeping linens.
<input type="checkbox"/> Washcloth/Loofah <input type="checkbox"/> Face/Hand Towels <input type="checkbox"/> Bath Towels	No towels are provided by Burton 4-H Center.
<input type="checkbox"/> Beach towel	Beach towel and/or a towel for outdoor, sandy, dirty use.
<input type="checkbox"/> Bathmat	For stepping out of the shower. A small hand towel is a great alternative.
<input type="checkbox"/> Bathrobe	Personal preference for changing in the dorms.

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PERSONAL TOLIETRIES	
<input type="checkbox"/> Hanging travel bag	We strongly recommend a toiletry/travel bag with a <u>hanging hook</u> for use inside showers. There are also hooks in the bathrooms and on every bunk bed. A plastic shower caddy with handles is suitable too.
<input type="checkbox"/> Laundry sack	For dirty clothes - an empty pillowcase is a great alternative.
<input type="checkbox"/> Plastic garbage bag	For the gross, wet, and/or muddy clothes.
<input type="checkbox"/> Hygiene Essentials	<input type="checkbox"/> Soap <input type="checkbox"/> Toothbrush <input type="checkbox"/> Bandanas / head bands <input type="checkbox"/> Shampoo <input type="checkbox"/> Toothpaste <input type="checkbox"/> Feminine hygiene products <input type="checkbox"/> Conditioner <input type="checkbox"/> Floss <input type="checkbox"/> Contacts <input type="checkbox"/> Facewash <input type="checkbox"/> Mouthwash <input type="checkbox"/> Prescription glasses <input type="checkbox"/> Deodorant <input type="checkbox"/> Hair accessories <input type="checkbox"/> Extra contacts/ extra glasses <input type="checkbox"/> Lotion (with aloe!) <input type="checkbox"/> Brush/comb <input type="checkbox"/> Contact solution & case

OPTIONAL ITEMS

This list is NOT REQUIRED but provides considerations for personal preference	
<input type="checkbox"/> Cash or Check <input type="checkbox"/> Quarters <input type="checkbox"/> Dollar bills	Money for canteen (gift/snack shop) and vending machine (Only Powerade and water sold). We are cash or check only; please bring smaller bills and change. <i>We do not process credit cards or have ATMs.</i>
<input type="checkbox"/> Extra baggies	For wet things, gross things, special treasurers, collecting seashells, etc.
<input type="checkbox"/> Prescriptions	Notify your group organizer of youth prescriptions. Burton 4-H Center has over-the-counter medication available by adult leader request. Contact your group organizer to arrange a medication plan of action.
<input type="checkbox"/> "Crocs"	Crocs can be worn with heel strap only. Please note, Crocs are NOT allowed during seine nets or dissection classes.
<input type="checkbox"/> Swimsuits	<i>Only</i> allowed to be worn UNDER clothes. Swimming is not permitted in EE programs and swim shirt will be provided during Georgia 4-H Summer Camp swim time.
<input type="checkbox"/> Binoculars	Burton 4-H Center provides many opportunities for viewing wildlife around our facility. Consider labelling with youth name.
<input type="checkbox"/> Disposable camera	Youth may use cameras during opportunities of recreation and free time. We encourage adults attending to take photos on behalf of youth to prevent distractions and allow everyone to fully engage in their program experience.
<input type="checkbox"/> Hand-held fan	Allowed - unless deemed a distraction to programs and/or individuals.
<input type="checkbox"/> Recreation	Burton 4-H Center provides basketballs, volleyballs, kickballs, footballs, and/or soccer balls available to use. Our recreation spaces feature a basketball court, volleyball court, 4-square court, gaga pit, and tether ball. Groups are welcome to bring additional recreation equipment as needed.
<input type="checkbox"/> Downtime Items	<input type="checkbox"/> Pencil, paper, stamps <input type="checkbox"/> Book(s) <input type="checkbox"/> Board/card games <input type="checkbox"/> Coloring books

ADDITIONAL ITEMS

Space for individuals to list added items not mentioned.				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

KEEP THESE ITEMS AT HOME!

Do not bring any of the following items. Severe consequences may occur on multiple levels.

<input checked="" type="checkbox"/> Inappropriate attire	Guests must wear "school appropriate" clothing. Any items in question will be subject to temporary confiscation.
<input checked="" type="checkbox"/> Visitors / guests	Individuals not registered with UGA, Burton 4-H Center and the attending group organizers are not allowed to be on-site to visit individual(s) of groups.
<input checked="" type="checkbox"/> Cell phones	Not allowed in classes! Instead, we encourage connecting with nature, peers, and teachers.
<input checked="" type="checkbox"/> ANY electronics <input checked="" type="checkbox"/> Headphones <input checked="" type="checkbox"/> Speakers <input checked="" type="checkbox"/> Laptops <input checked="" type="checkbox"/> Video games	These devices are often damaged/misplaced during a busy schedule or destroyed by the harsh coastal environment (water, salt, and sand). Burton 4-H Center takes no responsibility for these items if they are stolen and/or damaged. We encourage both youth and adults to embrace being "unplugged."
<input checked="" type="checkbox"/> Flip-flops / slides	Never allowed outside of dorms. Best to leave at behind.
<input checked="" type="checkbox"/> Single use water bottles	Please bring a refillable water bottle to help us minimize our plastic consumption on site.
<input checked="" type="checkbox"/> Candy <input checked="" type="checkbox"/> Snacks <input checked="" type="checkbox"/> Soda <input checked="" type="checkbox"/> Gum	These items are not allowed in dorms or facility buildings; snacks are available for purchase during Canteen times. Our vending machine is Powerade and water only. Keep these items outside when consuming.
<input checked="" type="checkbox"/> Flashlights <input checked="" type="checkbox"/> Headlamps	Use is not allowed during evening programs or evening beach time to respect sea turtle nesting on Tybee Island from May 1-October 31 every year!
<input checked="" type="checkbox"/> Fishing equipment	Fishing/crabbing not permitted on-site.
<input checked="" type="checkbox"/> Items of great value <input checked="" type="checkbox"/> Excessive cash	Emotional or monetary. Burton 4-H Center takes no responsibility for these items.
<input checked="" type="checkbox"/> Silly string <input checked="" type="checkbox"/> Shaving cream <input checked="" type="checkbox"/> Spray paint <input checked="" type="checkbox"/> Permanent markers	Anything that may damage 4-H Center property and/or facilities.
<input checked="" type="checkbox"/> Weapons <input checked="" type="checkbox"/> Knives <input checked="" type="checkbox"/> Fireworks <input checked="" type="checkbox"/> Gum	Not allowed on site.
<input checked="" type="checkbox"/> Megaphones <input checked="" type="checkbox"/> Bullhorns	These items are not allowed on-site as they are a disruption to attending guests, staff, and nearby neighbors.
<input checked="" type="checkbox"/> Swimming Goggles	Our beach water is nutrient-rich and is therefore very cloudy - NOT recommended to pack!

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