



Bullying



Information About Me

Gender (Circle One): Male Female **Grade:** _____

Are you part of a Military Family? (Circle One): Yes No

Race & Ethnicity (Circle any that apply):

White African-American or Black Asian
American Indian Pacific Islander Hispanic ethnicity

Bullying—What did you learn?

Answer the questions below by putting an “x” in the box.	Yes	No
I learned ways bystanders can help in a bullying situation.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
I learned some ways to deal with a bully.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
I learned some things a bully can do to stop bullying.	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Bullying Vocabulary—the Basics

DRAW A LINE from each word to the correct definition.

Victim	Someone who hurts, humiliates, or harasses others on purpose
Bystander	Types of Bullying
Bullying	The target of bullying
Bully	Someone who sees bullying happen
Physical, Verbal, Emotional/Social, Cyber	Hurting, humiliating, or harassing another person on purpose



Be a Good Bystander!

CIRCLE ways you plan to help during a bullying situation:

Interrupt it	Stand next to the person being bullied	Speak up for the person being bullied
Comfort the person being bullied	Ask the bully to stop	Walk away and get help
Offer friendship to the person being bullied		

All answers are correct. They demonstrate knowledge if they circle 1 or more

THANK YOU!



Bullying



Talking about Bullying—What do you think?

Answer the questions below by putting an “x” in the box.	Yes	No
I plan to tell an adult if I am being bullied.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
I plan to tell an adult if someone else is being bullied.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
I know the difference between trying to get someone in trouble and telling the truth about a bullying situation.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
It’s okay to tell an adult is someone is being bullied.	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Ways to deal with a bully — What can you do?

Answer the questions below by putting an “x” in the box if it’s something you should <u>DO</u> or <u>NOT DO</u> .	DO	NOT DO
1. Stand tall and hold your head high.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Hold your arms up like you want to fight.	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Look at the bully and tell him or her to stop in a calm, clear voice.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4. Walk away and stay away.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Keep what happened a secret.	<input type="checkbox"/>	<input checked="" type="checkbox"/>

The biggest challenge I face with bullying is...



I wish this lesson talked more about...

What ideas do you have to stop bullying at your school?

