

excite



spark



ignite



2015
National 4-H Congress
DELEGATE HANDBOOK



November 27 - December 1
Atlanta, Georgia



The 2015 National 4-H Congress Hyatt Regency Atlanta November 27 – December 1, 2015

Congratulations on being chosen to represent your state at this year's National 4-H Congress. On Thanksgiving weekend more than 1,000 delegates from throughout the United States and its territories will join you in Atlanta to participate in The 94th National 4-H Congress. The program is a mix of educational, service and recreational opportunities.

The City of Atlanta and the Hyatt Regency Atlanta will roll out the red carpet to make your stay exceptional. Located in the heart of the Old South, Atlanta combines traditional Southern Hospitality with the energy of a world-class international city. It has a culturally diverse history. Atlanta has through the years been the home to a variety of celebrities and statesmen. Included in this list you will find President Jimmy Carter, Martin Luther King, Elton John, Andrew Young, Margaret Mitchell, Ted Turner, and Chris Tucker. A transportation and communication center, it is home for businesses as diverse as The Coca-Cola Company, the Turner Broadcasting Network and Delta Airlines.



The Congress program will provide opportunities for you to explore a variety of Atlanta resources that include:

- Carter Presidential Library
- Martin Luther King Center for Non-Violent Change
- Centennial Olympic Park
- World of Coca-Cola
- The Atlanta Zoo
- CNN Center
- Atlanta History Center
- Georgia Aquarium

Your schedule will include:

- Workshops designed to develop your leadership skills
- Plenary Sessions with outstanding speakers and entertainers
- A Service Learning Experience during which you will participate in hands-on service projects
- Tours and recreational opportunities throughout the city

Featured Speakers for National 4-H Congress include:

- Barbara Chamberlin, New Mexico State University
- Dan Clark, Motivational Speaker
- Stedman Graham, S. Graham and Associates
- Eugen Schoenfeld, Professor Emeritus, Georgia State University

National 4-H Congress, a 4-H tradition for 94 years, was originally designed to recognize state and national winners. As the 4-H program has changed to meet the needs of youth today so has National 4-H Congress. This year's event, like the ones that preceded it, will not only recognize excellence but also provide an outstanding, educational opportunity for 4-H youth.

The 4-H organization differs in each state. As you make new friends we hope that you will explore the variety of ways in which states conduct their 4-H programs. You are sure to go home with new ideas on how you can improve your state's program. You will find that each state selects National 4-H Congress delegates differently. The Planning Committee hopes that you will use your time in Atlanta making new friends and gathering new ideas.

"EXCITE, SPARK, IGNITE" 2015 NATIONAL 4-H CONGRESS

Friday, November 27, 2015

Excite Your Potential

1:00 – 7:00 pm	Arrival and Luggage Holding	Grand Hall East
1:00 – 7:00 pm	Registration	Chicago Room
1:00 pm – 11:00 pm	State Photos	Grand Hall East
5:00 – 6:00 pm	Adult Orientation Meeting	Hanover F&G
5:00 – 6:00 pm	State Delegate Advisors Meeting (Youth)	Dunwoody
5:30 – 6:30 pm	Get Acquainted Dinner (Ticket Required)	Grand Hall West
5:30 – 6:30 pm	Youth Leadership Team and Teen Entertainers	Harris
6:30 – 7:30 pm	State Meetings	As Announced By States
8:00 – 9:15 pm	Welcoming Assembly <i>Master of Ceremonies – Madison Graham</i> <i>Introduction of 2015 National 4-H Congress Design Team</i> <i>Doug Hart, Program Chair</i> <i>Welcome –</i> <i>American Pledge –</i> <i>4-H Pledge –</i> <i>Welcome to Atlanta</i> <i>Introduction of 4-H Entertainment –</i> <i>4-H Entertainment – Kirby Nixon, Texas</i> <i>Congress Overview – 2015 Design Team Youth</i> <i>Introduction of Speaker –</i> <i>Speaker – Barbara Chamberlin, New Mexico State University</i> <i>Announcements –</i>	Centennial Ballroom
9:30 – 10:45 pm	Get Acquainted <i>Master of Ceremonies – Olivia Hamilton, Oklahoma</i> <i>Leaders – Dr. Jude Hirsch and Dr. Liz Speelman</i> <i>Georgia College and State University</i>	Regency Ballroom
9:30 pm	Headquarters Committee Meeting	Chicago Room
9:30 pm	Facilities Committee Meeting	Hanover F&G
10:00 pm	Operations Committee Meeting	Hanover AB
10:00 pm	Program Committee Meeting	Hanover C
11:00 pm	State Meetings (As Needed)	Assigned Rooms or Suites
11:30 pm	Curfew	

Saturday, November 28, 2015

Spark Your Mind

7:00 – 7:45 am	Continental Breakfast	Grand Hall West
8:00 – 9:15 am	Opening Assembly <i>MC/Welcome – Noor Alshafie, Ohio</i> <i>American Pledge – Charles Weber, Tennessee</i> <i>4-H Pledge – Christian Cole, Texas</i> <i>Introduction of 4-H Entertainment – Phillip Cornell, Pennsylvania</i> <i>4-H Entertainment – Katarina Vogel, New Hampshire</i> <i>Savannah Bell, North Carolina</i> <i>Introduction of Speaker – Leah McLean, Maryland</i> <i>Speaker –</i> <i>Announcements – Caleb Driesman, Maryland</i>	Regency Ballroom
9:30 – 10:45 am	Expanding Horizons through Group Involvement Green Group Speed Meeting Workshop Blue Group	Grand Hall East Grand Hall West

Delegate Handbook	2015 National 4-H Congress	
10:00 – 11:30 am	Workshops Red and Black Groups The Coolness of Science GTL – Give, Talk, Learn: The Power of Service Learning Pilates CONNECT! The Healthy Gourmet Think Globally....Think Agri-Science Home Baking Association Fuel to Play 60	Hyatt Meeting Rooms Courtland Hanover CDE Hanover FG Dunwoody The Learning Center Inman Hanover AB Baker
11:00 am - 12:15 pm	Expanding Horizons through Group Involvement Blue Group Speed Meeting Workshop Green Group	Grand Hall East Grand Hall West
12:15 – 2:00 pm	Lunch on Your Own	
2:00 – 3:15 pm	Expanding Horizons through Group Involvement Red Group Speed Meeting Workshop Black Group	Grand Hall East Grand Hall West
3:00 – 4:30 pm	Workshops Green and Blue Groups The Coolness of Science GTL – Give, Talk, Learn: The Power of Service Learning Pilates CONNECT! The Healthy Gourmet Think Globally....Think Agri-Science Home Baking Association Fuel to Play 60	Hyatt Meeting Rooms Courtland Hanover CDE Hanover FG Dunwoody The Learning Center Inman Hanover AB Baker
3:30 – 4:45 pm	Expanding Horizons through Group Involvement Black Group Speed Meeting Workshop Red Group	Grand Hall East Grand Hall West
6:30 – 10:30 pm	International Dinner and Dance 6:30 pm – Green Group 7:00 pm – Black Group Welcome – Katie Symes, Oklahoma Entertainment Puerto Rican 4-H Delegation Hawaii 4-H Delegation Abby Korb, Wisconsin	Centennial Ballroom 6:45 pm – Blue Group 7:15 pm – Red Group
10:45 pm	State Meetings	Assigned Rooms or Suites
11:30 pm	Curfew	

Sunday, November 29, 2015

Spark Your Health

7:00 – 9:00 am	Adult Breakfast and Community Service Briefing <i>MC – Kameron Rinehart, Ohio</i> <i>American and 4-H Pledges – Noor Alshafie, Ohio</i> <i>Reflections – Melanie González-Badillo, Puerto Rico</i> <i>Entertainer – Clay Zaunbrecher, Louisiana</i> <i>Speaker – Dr. Jim Rutledge</i> <i>Oklahoma State University</i> <i>Community Service Overview – Justin Crowe, Tennessee</i> <i>4-H Entertainment – Clay Zaunbrecher, Louisiana</i>	Regency Ballroom
7:00 am	Flag Bearer and Youth Delegate Advisors Continental Breakfast	Grand Hall West
7:15 am	Flag Bearer and Youth Delegate Advisor Orientation	Centennial Ballroom

8:00 – 8:45 am	Continental Breakfast for Youth	Grand Hall West
9:00 – 10:30 am	Flag Ceremony and Inspirational Assembly <i>MC/Welcome – Charles Weber, Tennessee</i> <i>Flag Ceremony – Johren Carpenter, Montana</i> <i>Kameron Rinehart, Ohio</i> <i>Posting of the Colors – Westlake High School Color Guard</i> <i>National Anthem – Emma Williams, Arkansas</i> <i>American Pledge – Noor Alshafie, Ohio</i> <i>4-H Pledge – Melanie González-Badillo, Puerto Rico</i> <i>Introduction of Entertainment – Grace Westercamp, Iowa</i> <i>4-H Entertainment – Taylor Goss, Louisiana</i> <i>Introduction of Speaker – Caleb Driesman, Maryland</i> <i>Speaker – Dr. Eugen Schoenfeld</i> <i>Professor Emeritus Georgia State University</i> <i>Announcements – Britt Dixon, New Mexico</i>	Centennial Ballroom
11:00 am – 12:30 pm	Lunch – State Lunches	
1:00 – 2:30 pm	Workshops GTL – Give, Talk, Learn: The Power of Service Learning Dancing with the Stars Irish Dance Physical Activity with Mobility Challenges Pilates Social Media The Coolness of Science The Healthy Gourmet Fuel to Play 60 CONNECT! Think Globally....Think Agri-Science Home Baking Association Yoga Zumba	Hanover CDE Centennial II Centennial III Centennial I Hanover FG Greenbriar Courtland The Learning Center Baker Dunwoody Inman Hanover AB Kennesaw Centennial IV
3:00 – 4:30 pm	Workshops GTL – Give, Talk, Learn: The Power of Service Learning Dancing with the Stars Irish Dance Physical Activity with Mobility Challenges Pilates Social Media The Coolness of Science The Healthy Gourmet Fuel to Play 60 CONNECT! Think Globally....Think Agri-Science Home Baking Association Yoga Zumba	Hanover CDE Centennial II Centennial III Centennial I Hanover FG Greenbriar Courtland The Learning Center Baker Dunwoody Inman Hanover AB Kennesaw Centennial IV
5:30 – 10:30 pm	An Evening of Culture	Atlanta History Center
11:15 pm	State Meetings	Assigned Rooms & Suites
11:45 pm	Curfew	

Monday, November 30, 2015

Spark Your World

7:00 am	Community Service Continental Breakfast	Grand Hall East/West
8:00 am – Noon	Community Service	Offsite
Noon – 1:30 pm	Lunch on Your Own	
1:30 pm	Load Tour Buses	Grand Hall East

2:00 – 5:30 pm	Awesome in Atlanta Tours Hairy Apes Heroes of Our City Hall of College Football Fame Headline News and Landmarks Hotlanta's World-Class Attractions Georgia Aquarium	
6:00 – 6:30 pm	Board Reception <i>Invited Guests Only</i>	Sway Private Dining Room
6:30 – 9:30 pm	Talent - Flannery Peay, Georgia Congress Gala <i>Dinner Music Flannery Peay, Georgia</i> <i>Micah Metts, South Carolina</i> <i>Erin Dunagan, Oklahoma</i> <i>Welcome/ MC – Leah McLean, Maryland</i> <i>Presentation of Colors – Westlake High School Color Guard</i> <i>American Pledge – Katie Symes, Oklahoma</i> <i>Christian Cole, Texas</i> <i>4-H Pledge – Jöhren Carpenter, Montana</i> <i>Britt Dixon, New Mexico</i> <i>Reflection – Caleb Driesman, Maryland</i> <i>Introduction of Donors and Guests – Leah McLean, Maryland</i> <i>Introduction of Entertainment – Melanie González-Badillo, Puerto Rico</i> <i>4-H Entertainment – Alaina Alderman, Georgia</i> <i>Introduction of Dr. Lauxman – Phillip Cornell, Pennsylvania</i> <i>Greetings from Dr. Lisa Lauxman, Division of Youth and 4-H, USDA NIFA</i> <i>Presentation to Habitat for Humanity – Katie Symes, Oklahoma</i> <i>Habitat for Humanity Representative -</i> <i>Introduction of Speaker – Kameron Rinehart, Ohio</i> <i>Speaker – Stedman Graham</i> <i>S. Graham & Associates</i> <i>Announcements - Charles Weber, Tennessee</i> <i>Closing – Grace Westercamp, Iowa</i>	Centennial Ballroom
9:30 – 11:30 pm	Club Congress Dance	Centennial Ballroom
11:45 pm	State Meetings	Assigned Rooms and Suites
12:30 am	Curfew	

Tuesday, December 1, 2015

Ignite Your Life

7:30 am – 2:00 pm	Luggage Storage	Grand Hall East
7:30 – 8:15 am	Continental Breakfast	Grand Hall West
8:30 - 10:30 am	Closing Assembly <i>MC/Welcome – Christian Cole, Texas</i> <i>American Pledge – Phillip Cornell, Pennsylvania</i> <i>4-H Pledge – Grace Westercamp, Iowa</i> <i>Introduction of 4-H Entertainment – Britt Dixon, New Mexico</i> <i>4-H Entertainment – Melissa Estes, Arkansas</i> <i>Introduction of Speaker – Jöhren Carpenter, Montana</i> <i>Speaker - Dan Clark</i> <i>Clark Support Systems</i> <i>Special Presentations – Doug Hart and Rachel Lyons</i> <i>Summing It All Up – the 2015 Design Team Youth</i> <i>Closing – Christian Cole, Texas</i>	Centennial Ballroom
11:00 am	States Depart	

NATIONAL 4-H CONGRESS HELPFUL HINTS

PREPARING FOR YOUR CONGRESS EXPERIENCE

TIPPING

Tipping is traditional when interacting with those who help make your travel experience more enjoyable. It is your way of saying “thank you” for the service provided. You should tip waiters, bell staff, doormen if they summon a taxi for you, and your taxi/limo driver. Suggested amounts are as follows:

Waiters/Waitresses:	<i>18% of the total bill</i>
Bell Staff:	<i>At least \$1.00 per bag</i>
Room Attendants (Maids):	<i>\$2 per day or what you feel appropriate</i>
Doorman:	<i>Minimum of \$1-\$2 if he hails a cab for you</i>
Taxi Driver:	<i>Varies according to the length of the trip but usually \$1-\$2 is sufficient</i>
Skycap:	<i>\$1.00 per bag</i>

ATLANTA WEATHER

The weather in Atlanta in November is very unpredictable. It could be as warm as the mid 70's or as chilly as the 30's. Bring clothes that you can easily layer. Be sure to pack an umbrella and jacket. If it rains, you will need it going to and from the bus, on short trips outside the hotel, and some community service activities.

LUGGAGE AND PACKING

Be sure every piece of luggage has your name and state on it in two places. It must be accurate and easy to read. Pack as economically as possible. Bring clothes that mix and match well. Your state will tell you if there is a limit to the number of bags that you can bring. Never leave your suitcase unattended. Bags have a way of walking away when not attended. Keep your valuables with you at all times; do not pack them in your suitcase. **PACK ONLY WHAT YOU CAN CARRY OR ROLL!**

Check with your airline for luggage fee, size and weight limitations for your luggage. If your luggage is oversized you will have an additional charge for checking it.

FACEBOOK AND TWITTER

Delegates, parents, county Extension educators, and state 4-H faculty are encouraged to “friend” the National 4-H Congress Facebook page, as well as follow the event on Twitter. Throughout National 4-H Congress updates, highlights, and photos from the event will be posted. Delegates are also encouraged to post during breaks their POSITIVE experiences from workshops, general assemblies, and other events.

APPROPRIATE DRESS*

Knowing what to wear is always a challenge. To help you, here are four categories of clothing.

	Casual	Professional Casual	Dress-Up	Semi-formal
For guys	Jeans, khakis, t-shirts, tennis shoes. Does not include cut-offs or worn jeans with holes or ragged edges.	Slacks (creased jeans and khakis are appropriate), shirts without ties, dress shoes, boots, no athletic/ tennis shoes.	Dress slacks with a shirt and tie, jacket or sweater, leather shoes, boots. No denim clothing or athletic shoes.	Slacks with a jacket, shirt, tie, leather shoes.
For girls	Same as for guys.	Skirts or slacks with an appropriate blouse or shirt. Dress denim (denim skirts and pressed creased jeans) and khakis are appropriate. No athletic/ tennis shoes.	Dresses, suits with skirts or dress slacks, blouses, leather shoes. No denim clothing or athletic shoes.	Dresses** from knee to floor length or pants suits appropriate for a prom or similar dress up activity. This could include a dressy outfit worn to an event at your church, synagogue, or mosque.

****Special Note for Congress Gala – Party and prom dresses may be strapless, but must be appropriate. However, backless, low-cut (front or back) outfits, outfits that expose midriff or navel, or dresses/skirts short in length (above the knees) are not appropriate. The state delegation coordinator and/or the Congress Design Team may ask any individual to modify their clothing selection if Congress standards of decency in appearance are not met. The following chart will help you know what is appropriate for each of the week's activities. We want to make a positive impression on the people of Atlanta. Appropriate dress is critical. Please make note of the times that casual dress is appropriate.**

DAY	ACTIVITY	APPROPRIATE DRESS
Friday	Dinner & Get Acquainted Activity	Casual
Friday	State Photos	Determined by State
Saturday	Opening Assembly	Casual
Saturday	Team Building & Workshops	Casual
Saturday	International Event	Professional Casual/Dress UP
Sunday	Assembly & Inspirational Service	Casual/ Professional Casual
Sunday	Workshops	Casual and Active Wear for those doing physical activities
Sunday	An Evening of Culture	Professional Casual (Flat Shoes for females are encouraged.)
Monday	Service Learning	Casual – including National 4-H Congress T-shirt, closed toed shoes are mandatory. Bring outdoor weather gear and work gloves.
Monday	Congress Gala Gala Dance	Semi-formal/ Dress-up Casual
Tuesday	Closing Assembly	Dress to travel home.

ADDITIONAL APPEARANCE GUIDELINES

- General appearance should be neat and clean.
- A state delegation coordinator and/ or the Congress Design Team may ask any individual to modify their clothing selection if standards of decency in appearance are not met.
- Hats and caps should not be worn during any Congress activities when inside buildings. This applies to both girls and guys.
- **Pajamas, sleepwear or outfits with visible undergarments are not appropriate dress for any Congress activity or outside sleeping rooms.**
- Dress and appearance should not present health or safety hazards or cause disruption.
- Bare feet are not appropriate for any Congress activity; conventional shoes or sandals are required.
- Hats and ball caps are not appropriate at any indoor Congress activity.

Items are not appropriate at National 4-H Congress:

- Tube tops, halter tops, one-shoulder tops, strapless tops, casual tops with spaghetti straps, dresses/ tops/ pants/ skirts that expose midriff, navel, back or cleavage. (Club Congress clothing must conform to dress code.) However, see special note on semi-formal wear for the Congress Gala.
- See-through or muscle shirts.
- Clothing that advertises alcoholic beverages, tobacco products, or drugs.
- Clothing that has vulgar, obscene or offensive messages or images.
- Cut-offs, ripped jeans or other clothing with holes.

For other examples of WHAT NOT TO WEAR, refer to the diagram below, created by California 4-H Alum, Cindy Sperry



PIN EXCHANGE

Delegates may bring pins and stickers from their home states to exchange with those from around the country. It is a great way to make new friends and go home with a souvenir from a variety of states. You may want to bring a scarf or item on which to collect and display the pins. If you place pins on your nametag, be sure they do not cover your name. You will be able to exchange pins throughout the week as you make new friends and learn more about their states.

SPENDING MONEY

All meals are included in your registration fee with the exception of lunch on Saturday, Sunday and Monday. You will want to bring money for the following: snacks, souvenirs, the 4-H Store, a Congress CD, shopping and tips. You will need money for meals while you are traveling and three lunches. It is recommended that you bring a minimum of \$125.

TRAVELING TO ATLANTA

SAFETY PRECAUTIONS

The National 4-H Congress staff goes to extraordinary means to ensure adequate plans are made for the safety of delegates. The following suggestions have been developed with help from local police and security at Congress venues.

Street Safety

The Atlanta City Police and the City Ambassadors patrol the area around the hotel. The Ambassadors are there to answer your questions. They are easily identifiable. They wear white helmets and turquoise/red/white uniforms. They are your safest and most reliable source of information.

As in any big city you will encounter a number of panhandlers. They can be aggressive in asking you for money. Be courteous but unless you have unlimited resources you will be unable to give each of them a donation. It is suggested that you politely turn down their requests. Do not allow strangers to handle your luggage. Pack only what you can carry.

Delegates are only allowed to leave the hotel in groups of four or more. Adult chaperones must be made aware of when you leave, where you are going and when you plan to return. If you have a cell phone, give the adult chaperone your number or that of a member of your group.

Hotel Safety

Doors to sleeping rooms must be locked at all times. Doors that are propped make an easy target for thieves and other criminals. Even for short trips to adjoining rooms or to the closest ice machine, delegates must lock doors securely. Valuables must never be left in open view in your room. Each room has a safe for use. The hotel does have limited safety deposit boxes that can be secured at the front desk. Use the peep hole in the door to see who is there before opening it.

Airport Security

Many delegates will be flying into Atlanta. Airport check-in is changing daily. Pack everything possible into the luggage that you will check at the airport. Bags that you attempt to carry on will be scrutinized thoroughly. Items that have sharp points will be confiscated by airport security. This includes things as small as tweezers, nail clippers, and pocket knives. Do not embarrass yourself or your delegation by attempting to bring those with you through airport security. Any metal objects that you wear will slow the process down. You may want to put items such as big metal belt buckles in the suitcase that you check. Your positive, helpful attitude will make a tremendous impression on those you encounter and will make the job of security officers easier.

Photo Identifications

Be sure to keep your photo identification in a secure place as it is necessary for flight identification

Securing of Luggage

Do not allow strangers to handle your luggage. Remember - pack only what you can carry. Please go to tsa.gov to see the latest airport regulations for luggage and carry-on items.

HEALTH CONSIDERATIONS

The following guidelines have been issued by the Center for Disease Control.

Individuals who currently have or have had the flu or flu-like symptoms in the 7 days prior to the event should not

attend National 4-H Congress unless they have been fever-free (under 100°F) for over 24 hours.

To avoid potential contamination, delegates and chaperones are encouraged to wash their hands and/or use hand sanitizers on a regular basis. Coughs and sneezes should be directed into a tissue, handkerchief, or the crook of your arm.

Emergencies

Emergencies come in a variety of severities with specific responses for each.

Minor emergencies

- Locate your state coordinator immediately.
- Ask their help in coming up with the best solution.

Major emergencies

- Use the closest phone to call for help.
- In the hotel dial 55 or 0, outside the hotel dial 911
- Call your state coordinator or ask someone to call for you.
- Call Congress Headquarters located in the Chicago Room at the hotel
- (Dial "0" if you are in the hotel, 404-577-1234 if not.)

Major Catastrophes

In case of a major catastrophe all Congress delegates will meet at a designated gathering point. These gathering points are specified in the National 4-H Congress Program. The state delegation coordinator will take roll to ensure that the entire delegation is present. The group will then be escorted to a designated safe location.

Parents will be brief by the state 4-H office.

MAKING THE MOST OF YOUR CONGRESS EXPERIENCE. NAMETAGS

Your chaperones will give you a Congress nametag upon arrival. It is used to identify you as a member of our group. You must wear it at all times to be admitted to all Congress events and workshops. If you don't have it with you, you will be asked to go back to your room to get it. Nametags should not be worn offsite unless it is a Congress event. Lost nametags and holders will be replaced for \$2. Nametags not only help us to know who you are, but also keep out those who don't belong. We ask that you have a positive, cooperative attitude about wearing it. The nametags also identify your color group for the week; this is pre-assigned and cannot be changed. If you collect pins and stickers, **please don't put them on the nametag covering your name.**

CONTINENTAL BREAKFAST

For the four mornings that you are at Congress, a continental breakfast will be served. It will include such items as cereal, doughnuts, fruit, juice, and milk. This is designed to be a light meal. If you want to start the day with a larger, hot breakfast plan time to visit one of the hotel restaurants where you may purchase a hot meal from a menu with a wide variety of choices. There is a food court in the mall next to the hotel that offers a variety of fast food restaurants.

OPTIONAL CONGRESS TOURS

On Monday afternoon optional tours will be offered. Your state will handle registration. The tours will provide you the opportunity to see a variety of points of interest in the city.

Tour #1	Hairy Apes (Zoo)
Tour #2	Hall of College Football Fame
Tour #3	Headline News and Landmarks
Tour #4	Heroes of the City
Tour #5	Hotlanta's World Class Attractions
Tour #6	Georgia Aquarium

Find details for all tours on the Congress website – national4-hcongress.com

CURFEWS

Times for state meetings and curfews will be listed in your official Congress program. If you are out of your room after that curfew, you must have an adult with you. Hotel security helps enforce curfews.

APPROPRIATE CONDUCT

Delegates must be considerate of other guests in the hotel during Congress. Noise in the halls and rooms must be kept at a minimum. Please limit talking to quiet conversational levels. Other guests may be trying to sleep. This is especially critical as you go back to your rooms each evening after your state meeting. Groups that make too much noise will be asked to locate another hotel and move to it. Running in the halls is prohibited. Girls and guys may not visit in lodging rooms. Visiting must be done in lobbies and other common gathering areas. Remember that all delegates have signed a code of conduct that must be followed. Texting and cell phones should not be used during any workshop or main session.

HOTEL ROOM HINTS

- Housekeeping cannot move your personal items off the bed or floor. If items are thrown around the room, it will not be cleaned.
- Leave dirty towels in the bathtub or on the bathroom floor.
- The bottled water found in your hotel room is not complimentary. Do not use it unless you expect to pay for it. The same applies for in-room movies.
- Do NOT use the fire sprinklers for hanging items.

CONGRESS DIGITAL SCRAPBOOK

A DVD of photos commemorating this year's Congress will be available for \$20. Payment and orders will be taken while you are at Congress. This DVD will be mailed to your home around three months after Congress.

DONOR GIFT BASKETS

Each state is asked to bring at least 15 items representing their state to be placed in gift baskets delivered throughout the Atlanta area to donors and sponsors of National 4-H Congress. The items should be something that is tasteful and representative of both the state and the 4-H program. No alcohol, tobacco, or pharmaceuticals (drugs) are allowed. All items need to be turned in by Saturday at 12 noon to the National 4-H Congress Headquarters. Check with your state 4-H office to find out if you need to bring these items.

EXPRESSIONS OF APPRECIATION

Delegates are well-known for the excellent way in which they express appreciation to all who help make Congress happen. The list includes donors, presenters, volunteers, parents, and Extension professionals. While you are at National 4-H Congress, you will receive a list of donors and supporters to whom you need to express your thanks. This year we will be gathering all delegate thank you notes at Congress and having them bound in book form to be presented to donors. You will receive stationery for your notes when you arrive in Atlanta. Notes should be hand written legibly and free of grammatical errors. You will be given some suggestions to help you.

When you get back home remember to thank your local Extension staff and parents for the support and encouragement that they have given you. Some states may request that you also write thank you notes to state trip donors.

While in the hotel, please remember to let those who serve you know that you appreciate their hard work.

National 4-H Congress Online at: national4-hcongress.com



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facebook.com/Nat4HCongress



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2015 marks the 94th National 4-H Congress. It is an opportunity for the Cooperative Extension System to recognize our nation's brightest and best young people. The program is designed to help you continue your development as the leaders of the next millennium. We hope that the skills and knowledge gained during your experience in Atlanta will empower you to return to your community and "Make the Best Better."

4-H, The Youth Development Program of the Cooperative Extension System, prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.