

## **Sample Schedule**

### **Day One**

11:45 - 12:15 p.m. KP Duty  
12:15 - 1:15 p.m. Lunch  
1:15 - 2:45 p.m. Class  
2:45 - 3:15 p.m. Break/Canteen  
3:15 - 4:45 p.m. Class  
4:45 - 5:15 p.m. KP Duty  
5:15 - 6:15 p.m. Dinner  
6:30 - 7:30 p.m. Class  
7:30 - 8:00 p.m. Break/Canteen  
8:00 - 9:00 p.m. Class  
10:00 p.m. Quiet Time/In Rooms  
10:30 p.m. Lights Out

### **Day Two**

7:15 - 7:30 a.m. KP Duty  
7:30 - 8:15 a.m. Breakfast  
8:15 - 9:45 a.m. Class  
9:45 - 10:15 a.m. Break/Canteen  
10:15 - 11:45 a.m. Class  
11:45 - 12:15 p.m. KP Duty  
12:15 - 1:15 p.m. Lunch  
1:15 - 2:45 p.m. Class  
2:45 - 3:15 p.m. Break/Canteen  
3:15 - 4:45 p.m. Class  
4:45 - 5:15 p.m. KP Duty  
5:15 - 6:15 p.m. Dinner  
6:30 - 7:30 p.m. Class  
7:30 - 8:00 p.m. Break/Canteen  
8:00 - 9:00 p.m. Class  
10:00 p.m. Quiet Time/In Rooms  
10:30 p.m. Lights Out

### **Day Three**

7:15 - 7:30 a.m. KP Duty  
7:30 - 8:15 a.m. Breakfast  
8:15 - 9:45 a.m. Class  
9:45 - 10:15 a.m. Break/Canteen  
10:15 - 11:45 a.m. Class  
11:45 - 12:15 p.m. KP Duty  
12:15 - 1:15 p.m. Lunch