



THE UNIVERSITY OF GEORGIA
COOPERATIVE EXTENSION
College of Agricultural and Environmental Sciences & Family and Consumer Sciences



Georgia 4-H Base Programming

Chicken Barbecue Contest

Description of Learning Experience:

The 4-H Chicken Barbecue Contest is designed to develop skills in the use and preparation of chicken. Safe preparation and good food hygiene are the primary goals. Participants barbecue two 1 1/4 to 1 1/2 pound chicken halves within the time limit. Participants also present a ten minute illustrated presentation including factual information about broilers.

Learning Outcomes:

- Develop leadership skills and work toward achieving broad objectives of developing sound character and effective citizenship.
- Acquire scientific knowledge and improved understanding of the economy, versatility and nutritional value of chicken broiler meat and its relationship to human nutrition and health.
- Develop skills in the preparation and use of chicken and acquire the ability to express their ideas through participation in projects, talks, discussions, demonstrations and exhibits.

Georgia Performance Standards:

High School: **HE H.S.2:** Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors; **HE H.S.3:** Students will demonstrate the ability to access valid information and products and services to enhance health; **HE H.S.5:** Students will demonstrate the ability to use decision-making skills to enhance health; **HE H.S.6:** Students will demonstrate the ability to use goal-setting skills to enhance health; **HE H.S.7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks; **HE H.S.8:** Students will demonstrate the ability to advocate for personal, family, and community health.

Essential Elements:

Primary: Mastery; Secondary: Independence/Belonging

Mission Mandates:

Healthy Living, Science, Engineering and Technology; Citizenship

State Contact: Cheryl Varnadoe cv4h@uga.edu 706-542-4444

4-H helps young people experience: An increased desire to make a difference in their communities - High levels of leadership, self esteem, public speaking, communication and planning skills - Improved School Performance - Motivation to help others - Overall improvement in civic identity and civic engagement.